

At Healthy Families
we believe...

that every parent can
benefit from
**friendly support,
community resources,
& child development
information.**

We offer free and
personalized services to
expectant/new parents in
your community.

Please fill in your information.
Your answers are kept
confidential!

I would be happy to call you
and share with you about our
program services.

You are also welcome to
call/text our Family Resource
Specialist

(315) 412-4527

Parent Referral

Fax to: 585-337-0445

Email to: hf.info@cfresources.org

Name: _____ Phone: _____

Address: _____

Email: _____

Your Birthday: _____ Other Parent: _____

Due Date / Child's Birthday: _____

Are you married? Yes ___ No ___

Did you begin prenatal care before 3 months pregnant
and continue with regular care? Yes ___ No ___

I feel that I have enough money:

Yes ___ No ___

Please contact me with more information
regarding Healthy Families and other
community resources. Yes ___ No ___

Referral Source: _____





Ontario County
502 S. Main St.
Canandaigua, NY 14424
Phone: 585-919-2476

Yates County
263 Lake St.
Penn Yan, NY 14527
Phone: 315-536-1134

Seneca County
115 Falls St.
Seneca Falls, NY 13148
Phone: 315-568-0945

cfr.info@cfresources.org
www.cfresources.org

Ask us about our:
Car Seat Program
Child Care Referrals

Healthy Families is funded/supported in part by the New York State Office of Children and Family Services, Excellus Blue Cross Blue Shield, and other community grants and partners. Healthy Families Ontario is in partnership with the Ontario County Department of Social Services.

Healthy Families provides:

- Free & voluntary home-based services
- Pregnancy & postpartum support
- Bottle & breastfeeding support
- Child development activities & assessments
- Strengths-based family goals
- Positive parenting options
- Promoting self sufficiency
- Community resource referrals



...because babies don't come with instructions.

